



## Fitness Graduate Assistant

Date Range: August 2026 – May 2027

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The Fitness Graduate Assistant will be responsible for assisting in managing the comprehensive fitness program. Reporting directly to the Assistant Director of Fitness, the Fitness Graduate Assistant's primary responsibilities will be managing fitness assistant staff, facilitating projects and events, and overseeing the daily fitness operations.

### Responsibilities

- Assist in facilitating and coordinating fitness operations in all University Recreation facilities
- Assist in supervising the fitness staff including recruitment, interviewing, training, supervising and evaluation
- Provide support for the NASM Personal Training and AFFA Group Fitness Instructor Prep Course instruction and administration including development of course materials, lecture, hands-on demonstration, and student skill learning and evaluation
- Assist with the organization, administration and promotion of programs and special events such as fitness challenges, campus collaborations, workshops and trainings
- Support the group fitness and personal training programs which may include instructing and training patrons and clients respectively and assist in maintaining all fitness spaces
- Assess the success and effectiveness of the fitness programs via solicitation for patron feedback, surveys, comment cards, and evaluation of program statistics
- Provide development opportunities for students, faculty, and staff through on campus workshops, certifications, mentoring, continuing education and internship opportunities
- Attend and participate in departmental meetings and events
- Perform other duties as assigned within the scope

### Required Qualifications

- Must be accepted to a Kennesaw State University graduate program (Exercise Science Preferred)
- Personal Training or Group Fitness certification from a nationally recognized and accredited certifying organization or ability to obtain one within 6 months of start date
- Ability to work a varied work schedule to include nights and weekends is essential and expected.
- CPR/AED and First Aid certification

### Preferred Qualifications

- Supervisory experience demonstrating strong leadership ability
- Two years of experience personal training or Group Fitness instruction
- Experience personal training a diverse clientele with varying experience levels
- Experience teaching group fitness in multiple formats
- Experience with special events and programs

## Stipend and Waiver

Candidates must be a full-time student in a two-year graduate program. This program carries a full tuition waiver (in-state or out-of-state), as well as a \$12,000 annual stipend. This appointment will begin August of 2026 and conclude in May of 2027. The position is expected to work approximately 20 hours per week. Student fees, school application fees, and other expenses will be the responsibility of individual filling this position. Professional development support may be provided based on opportunities available and department standards.